



## What We Do?

- We mobilize the caregivers of mentally ill and mentally challenged persons and give them support and connect them with required services.
- We mobilize NGO's working on the subject of mental health to build a network of organizations.
- We have created a Doctors Forum and a Forum of Psychologists and Counselors to provide required support to the patients.
- We create mental health protection forum at the community level.
- We do advocacy work with Family and Health Department, Govt. of West Bengal to implement the recommendations of roundtable conference on mental health held on 26th December, 2017.
- We run the awareness campaign on the subject of mental health at the community level by way of poster campaign, publications of booklets (print & video), organize regular meetings of the caregivers at community level, organize workshops & seminars on the various subjects of mental health.



**WEST BENGAL FORUM  
FOR MENTAL HEALTH**



C/o D.Basu, 2nd Floor  
4/1, Ashton Road, Kolkata - 700020



+91 80173 91412



wbffmh@gmail.com



www.wbfmh.org



**WEST BENGAL FORUM  
FOR MENTAL HEALTH**

**STOP THE  
STIGMA OF  
MENTAL ILLNESS**

## OUR STORY

On 26th December 2017, a roundtable conference on mental health was organized by Paripurnata Halfway Home in collaboration with Jadavpur University to discuss the research findings of Mr. Mahendrasingh M Sengar (a social activist and researcher) on the subject of Status of Mental Health in West Bengal. It was attended by all prominent non-government organizations, academicians and researchers from Jadavpur University and Calcutta University. Shri. Jogen Chowdhury an eminent artist and Rajya Sabha Member along with Smt. Chandrima Bhattacharya (Minister of State, Health and Family Welfare Department) have blessed the occasion and expressed the requirement of integrated work by all important stakeholders on the subject of Mental Health which led to the conception of West Bengal Forum for Mental Health. The forum is primarily a platform of caregivers (parents and close relatives of mentally ill patients) and non-government organizations like Paripurnata, Manas, Missionaries of Charity, Iswar Sankalp, International Justice Mission, Adhyay, etc. are the active members of the forum. The forum is following the path of Late Dr. K. L. Narayanan to build a movement to bring the subject of mental health on the forefront in the society as well as at the policy and implementation level of the state government to address the challenge in a collective manner.



MOBILIZE  
CAREGIVERS



MOBILIZE  
NGO'S



DOCTORS  
FORUM



MENTAL HEALTH  
PROTECTION



ADVOCACY  
WORK



AWARENESS  
CAMPAIGN

NO HEALTH WITHOUT MENTAL HEALTH

# MIND DOES MATTER

**time to  
change**

**let's end mental health  
discrimination**

## HOW YOU CAN CONTRIBUTE?

By way of contributing your time to the cause of mental illness and have an opportunity to serve patients.

By way of becoming a member of community level mental health protection forum and getting involved in its various activities.

Contribute by giving donations to the forum to the attached trust. You will receive 50% Tax benefits to your donations.

